

Springfield Seniors and Caregivers Resource Guide

SeniorAge (Area Agency on Aging) coordinates senior and caregiver services for Springfield and surrounding areas. Call them at 417-862-0762 or 1-800-497-0822 or visit senioragemo.org.

CALL 9-1-1 FOR EMERGENCIES

ABUSE AND NEGLECT

Missouri Adult Abuse and Neglect Hotline

1-800-392-0210

Adult Protective Services

417-895-6433 (Springfield Office)

Used after a hotline has been made.

HEALTHCARE AND MENTAL HEALTH

CoxHealth Senior Advantage

417-269-3616

Jordan Valley Community Health Center

417-831-0150

Mercy Senior Primary Care

417-820-2000

Springfield-Greene County Health

417-864-1658

Vaccines, documentation, and preventative health.

Burrell Behavioral Health

24/7 Crisis Helpline & Walk-In Center

1-800-494-7355

800 S. Park Ave., Springfield, MO 65802

Connection Center

417-761-5000

1300 E. Bradford Parkway, Springfield, MO 65804

Mon.-Thurs. 7:30 a.m.-8 p.m.; Fri. 7:30 a.m.-5 p.m

Walk-ins welcome. Final intake 1.5 hours to close.

SeniorAge Patient Companion Program

417-862-0762 or 1-800-497-0822

HOUSING ASSISTANCE

Housing Authority of Springfield

417-866-4329

Low-income housing options.

One Door/O'Reilly Center for Hope

417-225-7499

1518 E Dale St, Springfield, MO 65803

Mon.-Fri. 9 a.m. - 12 p.m. & 1 - 4 p.m.

Closed on first Friday of each month.

Homelessness and prevention services.

CALL 9-8-8 FOR CRISES

INFORMATION AND REFERRAL

Missouri Division of Senior & Disability Services

573-526-4542

SeniorAge (Area Agency on Aging)

417-862-0762 or 1-800-497-0822

empower: abilities

417-886-1188 or 1-800-676-7245

CAREGIVER RESOURCES

AARP Resource Line

1-877-333-5885

Alzheimer's Association

Caregiver Education and Resources

1-800-272-3900 (24/7 Helpline)

Caregiver Action Network Help Desk

855-227-3640 (Mon.-Fri. 7 a.m.-6 p.m.)

Memory Care Home Solutions Caregiver Training

314-645-6247

Missouri Caregiver Relief Program

1-800-272-3900

Shared Care Tax Credit

573-751-3220

VA Caregiver Support Program

1-855-260-3274

For caregivers of eligible Veterans.

CAREGIVER SUPPORT GROUPS

SeniorAge Alzheimer's Caregiver Support Group

417-955-2513

South Side Senior Center or Virtual Meetings

Please contact facilitator to confirm times.

Missouri Caregiver Program Social Group

Private Online Forum

Caregiver Action Network Community

Private Facebook Group

AARP Caregiving Community

Online Forum

AARP Caregiving Discussion Group

Private Facebook Group

Springfield Seniors and Caregivers Resource Guide

SENIOR CENTERS

Northview Senior Center

417-864-8606

305 E. Talmage St., Springfield, MO 65803

Mon.-Fri. 8:30 a.m. - 4:30p.m.

South Side Senior Center

417-890-1313

2215 S. Fremont Ave., Springfield, MO 65804

Mon.-Fri. 8 a.m. - 3 p.m.

LEGAL AND BENEFITS ASSISTANCE

Legal Services of Southern Missouri

417-881-1397 or 1-800-444-4863

Free or affordable legal aid.

Southwest Missouri Ombudsman Program

417-862-3586

Advocacy and education about long-term care.

Missouri SHIP

1-800-390-3330 (Mon.-Fri. 9 a.m. to 4 p.m.)

Unbiased Medicare counseling and education.

empower: abilities

417-886-1188 or 1-800-676-7245

Advocacy and benefits counseling.

SeniorAge Elder Law Directory

417-862-0762 or 1-800-497-0822

CARE OPTIONS

Missouri Division of Senior & Disability Services

866-835-3505

Explore care options and funding sources.

empower: abilities

417-886-1188 or 1-800-676-7245

In-home care and consumer-directed services.

Jordan Valley Senior Care

417-851-1550

Adult day health center and in-home services.

Developmental Center of the Ozarks

417-829-0851

Adult day care.

Adult Tendercare Center

417-866-1559

Adult day care.

VA Medical Foster Homes

417-891-4836

For eligible Veterans.

FOOD ASSISTANCE

Northview Senior Center

417-864-8606

Lunch: Mon.-Fri. 8 a.m. - 3 p.m.

South Side Senior Center

417-890-1313

Food Bank: Mon.-Fri. 8 a.m. - 3 p.m.

Lunch: Mon.-Fri. 11 a.m. - 12:15 p.m.

Salvation Army Senior Lunch Program

417-862-5509

1707 West Chestnut Expressway, Springfield MO
65802

Summer (Through Aug. 21): 11 a.m.

School Year (After Aug. 21): 12 p.m.

Social Hour begins one hour prior.

Crosslines Resource Center (Senior Food Box)

417-869-0563

3055 E. Division, Springfield, MO 65802

Mon.-Thurs. 9 a.m. - 1:45 p.m.; Fri 9 a.m. - noon;

Wed. evening 5:30 p.m. - 7 p.m.

Springfield Dream Center (Senior Food Box)

417-720-1065

829 W. Atlantic St., Springfield, MO 65803

1st or 2nd Tues. 1 p.m. - 3 p.m.

SeniorAge Home-Delivered Meals

417-862-0762 or 1-800-497-0822

Crosslines Homebound Shopping Program

417-869-0563

TRANSPORTATION

The Bus/City Utilities Transit

417-831-8782

SeniorAge

417-862-0762 or 1-800-497-0822

OATS Transit

417-887-9272 or 1-800-770-6287

ASSISTIVE TECHNOLOGY/HOME MODIFICATION

Missouri Assistive Technology

816-655-6700 or 1-800-647-8557

empower: abilities

417-886-1188 or 1-800-676-7245

Home Safety Devices and Services Program

573-415-6247