

FOR IMMEDIATE RELEASE

Borrow My Angel Hosts 2nd Annual RISE To Break the Stigma Breakfast
A Morning of Connection and Mental Health Awareness

SPRINGFIELD, Mo., (10/15/2025) – Borrow My Angel, a program of Community Partnership of the Ozarks (CPO), invites the community to come together for a powerful morning of inspiration, storytelling, and collective action at the **2nd Annual RISE To Break the Stigma Breakfast** on **Wednesday, November 5, 2025, from 7:30 to 9:30 a.m.** at the White River Conference Center.

Presented by **Burrell Behavioral Health**, the breakfast will shine a light on mental health awareness and the importance of **breaking down the stigma that keeps so many from seeking support**. The morning will be filled with heartfelt conversation, practical insights, and encouragement from local leaders in the mental health space.

Featured Speakers include:

- **Burrell Behavioral Health**
- **Katie Towns, Springfield–Greene County Health Department**
- **David Cameron, Springfield City Manager**
- **Chuck Dow, Borrow My Angel**

Founded on the belief that we all have a guardian angel, Borrow My Angel exists to ensure no one has to walk through life's hardest seasons alone. Sometimes, we all need to "borrow" an angel—someone to listen, share a story, or offer hope when the road feels heavy.

"At Borrow My Angel, we believe that real stories and human connection can transform the way we understand and respond to mental health," said Borrow My Angel Founder, Chuck Dow. "This breakfast is more than an event—it's a movement to create a culture of empathy, courage, and collective action."

Attendees will leave empowered with the knowledge that together, we can **reshape the narrative around mental health and build a community where understanding and support come first**.

Tickets & More Information

Tickets are available now. To purchase or learn more, visit one.bidpal.net/risetobreakstigma/welcome or contact CPO Community Organizer, Jessi Brown at jbrown@copozarks.org or at (417) 888-2020 ext. 205

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ABOUT COMMUNITY PARTNERSHIP OF THE OZARKS: *The mission of Community Partnership of the Ozarks is to facilitate and promote the building of resilient children, healthy families, and strong neighborhoods and communities through collaboration, programming and resource development. For more information on the Partnership's collaborative efforts and programs, visit www.cpozarks.org.*